



Sibshops are a program offered through The Arc just for brothers and sisters of kids with developmental and intellectual disabilities. We celebrate the many contributions made by siblings and provide opportunities to obtain peer support and education, all while having a great time.

Some of our activities include crafts, cooking, discussion groups, and other lively activities.

Cost: \$10 per session

Register for all 5 sessions and get one FREE!

**When: 10 am—1 pm**

**September 9th**

**October 14th**

**November 11th**

**December 9th**

**January 20th**



Where: The Arc at Market Street

555 South Market Street, Frederick, MD 21701

To register: please contact, Alicia Nunn at [anunn@arcfc.org](mailto:anunn@arcfc.org) or 301-663-0909 x171