

Cooking Class



Chef Russel “Buck” Reed volunteers to teach a cooking class through The Arc of Frederick County. His classes are individually designed, based on what students would like to learn. He teaches basic cooking skills and students learn how to work together as they prepare large feasts.

Everyone has different things they want to gain from a cooking class, and Chef Buck spends lots of time talking to the students to see how they feel about the class and what they are learning from it.

For more information contact:

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