

Locating a Dentist

ADDITIONAL RESOURCES

Bureau of Primary Health Care
www.nidcr.nih.gov/health/findingDentalCare.asp

Oral Health Resource Guide
410-767-5300,
www.fha.state.md.us/oral/health/

University of Maryland Special Patients Clinic 410-706-7039
www.dental.umaryland.edu/patientinfo

HealthChoice
1-800-492-5231
www.dhmf.state.md.us/mma/healthchoice/, click on HealthChoice Provider Directory, click on Provider Type: Dental

Maryland State Dental Association:
http://www.msda.com/directory/find_a_dentist.asp

For more information on topics discussed in this fact sheet, contact
The Arc of Frederick County.
Phone: 301-663-0909
www.arcfc.org



Choosing a dentist that you are comfortable with and trust is an important decision. In addition, finding quality dental services that are affordable can be a challenge. Some suggestions:

If you have dental insurance, contact your insurance company for names of dentists who accept your insurance.

If you receive Medical Assistance, you may be able to get certain dental services paid for by your Managed Care Provider (MCO). Contact your MCO for information.

If you do not have dental insurance you could contact *Donated Dental Services* (877-337-7746) or *The University of Maryland Special Patients Clinic* to discuss lower cost options. *The Bureau of Primary Care Health* provides dental care in many community health centers around the state, and some *County Health Departments* provide low-cost services to children and seniors. Contact them to see if you are eligible.

Other suggestions: Ask your friends and coworkers for recommendations; ask dentists in your area if they have a sliding fee scale, which allows you to pay less based on your income; or check nearby hospitals and colleges to see if they can provide services.

Contact the dentist's office and depending on what is important to you, ask about location and office hours, how long it takes to get an appointment, if the office is accessible, etc. Be sure to ask what fees you will be required to pay.

Contact your Service or Support Coordinator for information about ways to find affordable dental services in your area.