



The Arc[®]
of Frederick County



**The Arc of Frederick County
FY 2019 Annual Report
(July 1, 2018 - June 30, 2019)**

FY 2019—The Year in Review



“The Only Thing That Is Constant Is Change”

— Heraclitus (535 BCE– 475 BCE)

The Arc of Frederick County is appreciative of the partnerships we have with individuals and families we serve that are built on a mutual trust that allows both the agency and individuals to embrace change together and with confidence.

As The Developmental Disabilities Administration implemented steps towards supporting Maryland with complying with Medicaid’s Home and Community-Based Services Settings Final Rule, change was necessary. Fortunately, The Arc’s values and visions for delivering services were already in-line with state and federal requirements.

The largest impact to The Arc of Frederick County was the elimination of DDA’s Individual Support Services. This change necessitated the realignment of services for more than 225 individuals and families served by The Arc so that they could enroll in Personal Supports Services. The Arc worked to shield people from behind-the-scenes processes so that they could seamlessly receive services without interruption to their daily routines and natural rhythms of their lives. Support Coordinators worked diligently so that service end and start dates matched, that goals were in-line with the new Person Centered Planning process, so that new services available were quickly accessed, and so that people could continue to hire, train, and supervise staff of their choice.

The Arc acknowledges that this journey of change did create a lot more meetings and paperwork for families than they have been used to in the past. The Arc would like to thank people we serve and their families for their cooperative partnerships which allowed The Arc and DDA to meet deadlines so people could have continuity and quality services.

Thank you!

Highlights of the Home and Community Based Final Settings Rule

The Setting Is Integrated In and Supports Full Access To The Greater Community

People served by The Arc of Frederick County live in their own homes. This means that people can choose to live in a family member or caregiver's home, in houses that they own, or in rental properties with their own leases. People choose who they live with. In addition to where they live, people served work in jobs that they obtain to earn a paycheck that sustains a meaningful life in their community. For people who are not currently working, their days include meaningful activities such as volunteering to build employment skills, exercising to maintain a healthy lifestyle, increasing their education and vocational training, and building connections with people in their communities who have shared interests.



Is Selected By The Individual From Among Setting Options

Supports are provided by The Arc of Frederick County so that a person can belong to their chosen communities. The Arc partners with parents and caregivers so that children can access inclusive educational opportunities. This includes collaborating with schools and providing educational advocacy. As children grow, The Arc partners with families to locate inclusive recreational activities such as art classes, sports leagues, and summer camps. As students transition from school to the adult world, The Arc supports people to locate and maintain jobs, provides vocational training in our Culinary Training Program, and assists people to attend college. Adults receive ongoing assistance to connect to their communities. At all points, people served and their family members select the services that make sense for them.





Ensures Individual Rights of Privacy, Dignity and Respect

Historically, many people with developmental disabilities have been denied their right to self-determination and have not had the dignity to make choices and take risks. The Arc of Frederick County embraces the principles of self-determination and opportunities to make choices so that people can be contributing, valued, and respected members of their communities. In addition to individual empowerment, The Arc supports the self-advocacy movement so that people with disabilities can partner with allies to have a strong collective voice that protects existing services and creates new supports.

Optimizes Autonomy and Independence in Making Life Choices

The Arc supports people to have full access to community life. To support people to have truly integrated lives, Support Coordinators from The Arc serve as facilitators to connect people to their communities. Through meaningful planning, people served are provided with information and make both major and day-to-day life choices. The Arc partners with each person served to identify and build networks of support that include paid and unpaid support so that people have the assistance they need to make choices.



Facilitates Choice Regarding Services and Who Provides Them

People served by The Arc partner with Support Coordinators to design lives of their choice. Having the authority over who provides Coaching is a non-negotiable for people served by The Arc. People and their families can refer potential Coaches to The Arc so that we can hire the person to specifically work with them. In addition, people served by The Arc can meet with a screened and trained coaches to interview them and decide if they would like to hire them as a Coach. Coaches provide ongoing, one-to-one support to assist people with living, working, and meaningfully participating in their communities.



We thank all of our members and donors for helping us continue our work to support people with Intellectual and developmental disabilities and their families during FY 2018 (July 1, 2018—June 30, 2019).

\$50,000 and above

Holly Hale Memorial Fund

\$20,000-\$49,999

HB and Thelma Duvall Fund

\$5,000-\$10,000

Ms. Catherine J. Lapointe

\$5,000-\$10,000

William E. Cross Foundation

\$2,000-\$4,999

Archbishop's Annual Appeal

Hankey's Radio

Ms. Deanne Knapp

Patty Pollotas Fund Inc.

Ms. Martha A. Sprow

St. Joseph's on Carrollton Manor

St. Peter's Catholic Church

The G Frank Thomas Foundation

The Joseph D. Baker Fund

\$1,000-1,999

Astra Zeneca/Medimmune

Tina and Duncan Barks

Capital Services

Mr. and Mrs. Gordon M. Cooley

Frederick Mutual Insurance Comp

Ms. Janet Furman

Mr. and Mrs. Gail T. Guyton

Mr. Edward Hiser

Knights of Columbus #01622

Mr. and Mrs. Howard E. Lewis

Ms. Paulette A. Meulenberg

Mount Pleasant United Methodist Church

Mr. Philip Rauh

Mr. and Mrs. Leo J. Rocca

Mr. Michael J. Shank

SH Rosenstock Charitable Trust

Walkersville United Methodist

\$500-\$999

Baltimore Orioles

Charles V. Main/Presidents Fund

Mr. and Mrs. Steven P. Cobourn

Mr. Don Coomes

Ms. Peggy Loveland Goebel

Ms. Mary Kmiecinski

Cindy and Herve Kopciak

Mr. and Mrs. Dennis Kieft

Knights of Columbus #15985

Mr. and Mrs. James A. Schmersahl

St. Francis/St. Mary & Holy Family Catholic Church

Ms. Becky Smock

Mr. John Vincent

Mr. and Mrs. H. Deets Warfield

\$200-\$499

AmazonSmilesFoundation

Ms. Kathy Beck

Ms. Emily Bizzarri

Brooks Behavioral Health Services

Ms. Dolores Carr

Ms. Linda Thomas Casey

Ms. Victoria L. Chaney

Ms. Michelle Clay

Ms. C. Jean Doyle

Elville Associates

Mr. John Ray Frank

Mark and Beate Frankel

Ms. Chris Garrity-Carney

Heritage Interiors

Mr. Daniel L. Herr

Mr. and Mrs. Michael Hodnett

Mr. and Mrs. W. Ray Isaac

Ms. Sandra L. Johns

Knights of Columbus #13290

Knights of Columbus #14011

Linganore United Methodist Church

Ms. Melissa Main

Mr. William J. Papproth

Ms. Bridget Patterson

Ms. Devi Ramaseshan

Mr. and Mrs. Clarence R. Reeder

Ms. Peggy Richman

Ms. Amy Schlitzer

Mr. Edward A. Sherow

Ms. Carole Southam

Ms. Linda S. Stone

Ms. Sarah A. and Judy R. Stup

Mr. R. Michael Tabor

Mr. Troy Trinh

Mr. and Mrs. Charles F. Trunk

Urbana High School

Mr. and Mrs. Kenneth J. Wachter

The Weinberg Center

Mr. and Mrs. Charles Welch

Mr. James Willard

Woodsboro Bank

Mr. and Mrs. Michael S. Young

Ms. Marilyn C. Zekaria

\$50-\$199

Ms. Cathy Alexander
American Legion Post 168
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Mr. Philip Andrews
AR Workshops
Mr. and Mrs. Gerald R. Baker
Mr. Harry L. Bartgis
Ms. Elizabeth A. R. Baseler
Mr. David Beeson
Guy and Denise Berry
Ms. Susan N. Botts
Dr. and Mrs. Robert E. Broadrup
Ms. Julie M. Byrd
Mr. and Mrs. William R. Cameron
Mr. David English Carmack
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Mr. and Mrs. Clyde C. Crum
Mr. Gary Allan Crum
Ms. Karen DaFonseca
Mr. Allan P. Davis
Mr. Wayne DeLauter
Ms. Diane Devlin
Dublin Roasters
Mr. Rob Emeigh
Ms. Lauren Englar
Mr. and Mrs. Martin N. Erlichman
Ethridge
Ms. Lynn Fisher
Ms. Julie A. Fleitz
Ms. Corby Fowler
Frederick County Bank
Friends Meeting School
Mr. Michael Gastley
Mr. Michael Glick
Ms. Beatrix Gregg
Ms. Eileen Griffiee
Mr. and Mrs. R. K. Gruodis
Mr. Scott Guarino
Mr. Meredith C. Harshman
Ms. Donna Heller

Ms. Vicki J. Hempe
Ms. Michelle Frankert Hill
Ms. Joann F. Horine
Mr. and Mrs. Warren L. Huffer
Intuitive Hearing Spirits
Mr. and Mrs. Mark P. Jeffer
Jefferson United Methodist Women
Curt and Jackie Johnson
Ms. Gwendolyn F. Jones
Ms. Stella Fields Jordan
Mr. and Mrs. David L. Kaas
Ms. Rachel Keller
Mr. Grant A. Kelsey
Mr. Bruce H. Kenworthy
Mr. and Mrs. Christopher Kline
Dr. Eugene L. Klupt
Mr. and Mrs. W. Thomas Koontz
Mr. and Mrs. Daniel Kuebbing
Ms. Kathy A. Laky
Ms. Teresa Lamb
Rev. and Mrs. Albert K. Lane
Ms. Susan Livovich
Carla and Gordon Lyon
Manos Abstracting
Ms. Sarah M. Marcinko
Mr. and Mrs. Larry Marsh
Ms. Constance L. Martin
Ms. Lisa Martinis
Ms. Leigh McHargue
Mr. Mack McCune
Ms. Willa D. McGaha
Mr. Kirk McNemar
Ms. Allison Medrano
Ms. Rona Mensah
Mr. Scott Meredith
Ms. Colleen Mimebauk
Ms. Nancy Mozal
Ms. Sandy Mulcahy
Ms. Shauna Mulcahy
Mr. C. Rodman Myers
Ms. Rose Marie Myers
Ms. Sylvia L. Myers
North Star Foundations Inc.
Ms. Alicia R Nunn

Oscar's Alehouse West
Ms. Barbara Parsons
Mr. and Mrs. Richard A. Pearrell
Ms. Joanna L. Pierson
Ms. Kalpana Ramakrishnan
Mr. David Ratliff
Mr. J. Zachary Reeves
Mr. and Mrs. William Ruehl
Mr. and Mrs. Robert C. Saal
Ms. Kendra Sampson
Mr. Hemanth Sanagapat
Ms. Aparna Saravanan
Scott Key Center
Ms. Delores Shackelford
Mr. John V. Sherwin
Mr. and Mrs. D. Clinton Smith
Mr. and Mrs. David J. Smith
Specialized Engineering
St. Francis Catholic Church
Mr. and Mrs. C. Dean Starner
Mr. and Mrs. Bradley Ray Stokes
Ms. Shirley Stroup
Mr. James D. Summers
Ms. Sara Thomas
Ms. Renee Twigg
Ms. Julie A. Ufford
Ms. Sandra C. Wachter-Myers
Mr. and Mrs. Gregory C. Wasserbach
Wegman's
Rev. and Mrs. Frederick A. Wenner
Whitesell Pharmacy
Mr. and Mrs. Patrick A. Wilson
Mr. Jeffrey Winkles
Mr. Adrian Winpighler
Mrs. Bonel P. Zakariah
Mr. and Mrs. Hans Zeigler



\$25-\$49

Ms. Wendy S. Andrews
 Mr. and Mrs. Joseph Ashwal
 Ms. Albertine H. Baker
 Ms. Lee Banks and Mr. David Michael Banks
 Mr. and Mrs. Noel C. Barbot
 Ms. Ruby Loretta Bell
 Mr. William A. Borowski Jr.
 Mr. Rick Brace
 Mr. and Mrs. David L. Brandenburg
 Mr. Justin Byram
 Ms. Beth Mende Conny
 Dancing Bear Toys Inc.
 Ms. Agnesanne Danehey
 Ms. Carol Debow
 Ms. Megan Dewing
 Mr. and Mrs. Barry I. Diamondstone
 Mr. and Mrs. R. Dennis Dove
 Mr. Nicholas Earp
 Mr. and Mrs. Paul E. Eaves
 Ms. Brittany Ellis
 Ms. Jean Ehlman
 Ms. Sandie French
 a.k.a. Frisco's
 Ms. Michelle Gricus
 Hair Cattery
 Mr. Ronald L. Hartman
 Mrs. Emily Heiges
 Mr. Daniel Kecman
 Mr. Luke Ledwell
 Ms. Shiela R. Lippold
 Ms. Rosie Marr
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Ms. Pamela Noble
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 Ms. Ronnie Lynn Osterman
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 The Ryegrass Fund
 Mr. and Mrs. Clarence J. Snyder
 Ms. Mary M. Staley
 Mr. Aaron Stephens
 Mr. and Mrs. Lawrence J. Sullivan
 Ms. Crystal Vanleeuwen

Unity Campaign 2019

Kathy Alexander
 Philip Andrews
 Duncan Barks
 Rick Brace
 Michael Glick
 Bruce Kenworthy
 Herve Kopciak
 Daniel Kuebbing
 Shauna Mulcahy
 Ryegrass Fund
 Hemanth Sanagapati
 Michael Shank
 Becky Smock
 Shirley Stroup
 William E. Cross Foundation
 Michael Young

Up to \$24

Mr. Brandon Crawford
 Mr. John Thuahnai
 Mr. Josh Neumann
 Ms. Dulcia A. Dutrow
 Ms. Hasina Rahimi
 Ms. Kourtney Merriam
 Ms. Ulla Henderson
 Ms. Valerie Todd
 The Wiese Family

Memorial Donations
In FY 19, donations
were made in memory
of:

Jesse Brashears III
Sean Coakley
Jay Fifer
Virginia Fifer
Ruth Griffith
Adam Hayes
Josephine Lamb
Laurie Moser
Student Peace
Scott Wachter

The Arc of Frederick County

Annual Report FY 2019 (July 1, 2018– June 30, 2019)

**The Arc of Frederick County
Annual Report FY 2019**

Charitable Income:

Contributions \$ 110,080

Total Charitable Income \$ 110,080

Government Revenue:

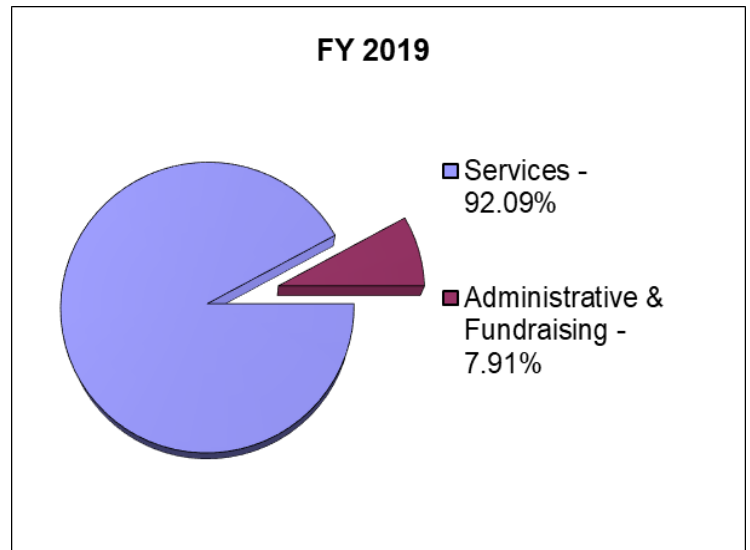
MD State \$ 6,558,125
 Frederick County Public Schools \$ 172,250
 Frederick County 20,000

Total Government Revenue \$ 6,750,375

Expenses:

Personnel \$ 5,544,366
 Purchase of Services 134,967
 Other Operating Expenses 1,069,320

Total \$ 6,748,653



This information is summarized from The Arc of Frederick County's fiscal year 2019 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

The Arc of Frederick County

620-A Research Court
 Frederick, MD 21703
 301-663-0909
www.arcfc.org

Joanna Pierson—Executive Director
 Shauna Mulcahy—Director of Community Engagement

FY 2019 Board of Directors

Officers:

Wendy Andrews —President
 Emily Bizzarri —Vice President
 Kathy Laky —Secretary
 Michael Shank—Treasurer
 Cindy Kopciak—Past President

Directors:

Duncan Barks
 Carol Debow
 Grant Kelsey
 Adriana Toro
 Denny Weikert

Mission Statement:

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.