



One Day Your Life Will Flash Before Your Eyes. Make Sure It's Worth Watching!

By envision your life as though you are the star of a show, this self-advocacy training will take participants on a journey of dramatic structure that parallels real life as you identify the roles you play and responsibilities you have; choose your co-stars and cast; pick your settings; develop soundtracks; and manifest your future through the commercials in your mind. The roller coaster of life is a never-ending series of important stories that you have the power to write, direct, and star in.