

The Arc of Frederick County FY 2018 Annual Report

(July 1, 2017—June 30, 2018)



The Arc[®]
of Frederick County

FY 2018—The Year in Review

Support Coordination

Support Coordinators partner with each individual and family to serve as a clinical and professional staff person to assist people to lead lives of their own choosing. Support Coordinators provide navigation services to build circles of support to promote personal reliance and contribution, make community connections, develop social networks, leverage existing resources, and coordinate natural and paid supports to address a person or family's needs. Navigation services are dynamic and designed to fit in the natural rhythm of a person's life.



The "Guy Talk" group gave young men served by The Arc an opportunity to hang out, have fun, and talk about their concerns.



Therapy dogs visit The Arc's Day Program. Everyone looks forward to these visits.

Employment

The Arc of Frederick County supports transiting youth students and adults to locate jobs in the community that incorporate their passions, interests, and personal talents. Career exploration, job training and development, and one-the-job coaching complement the needs of people served and the local businesses community. People served are competitively employed and earn a paycheck to sustain meaningful lives in their communities



We are thankful for the many volunteers who helped beautify the grounds at The Arc at Market Street.

Sibshops

Sibshops are relaxed events where siblings meet-up to have fun, laugh, talk about the good and not-so-good parts of having a sibling with a disability, play some great games, learn something about the services their brothers and sister receive, and have some more fun. The Arc's Sibshops are facilitated by a Support Coordinator who is a sibling of an adult with developmental disabilities.



Parents' Day Out

Volunteers collaborate with The Arc each month to provide respite care to children with developmental disabilities and their brothers and sisters. The volunteers from middle school groups, to college students, to senior citizens share their talents as they partner with Support Coordinators to plan fun activities for kids and give parents and caregivers a monthly break.

Future and Estate Planning

Support Coordinators at The Arc assist families in navigating through end of life decision making that is often difficult for any family to address, but is typically more complicated when considering the needs of a person with a developmental disability. Support Coordinators can help by supporting families to develop a vision for their loved. Assistance can include writing a Letter of Intent that is complemented by financial resources such as Special Needs Trusts and enrollment into public programs to support quality of life, maintain financial resources, and protect public benefits.

Autism Waiver

The rate of children on the Autism Spectrum jumped to one in 50 according to a 2018 Centers for Disease Control and Prevention study. Through the Maryland Autism Waiver, Support Coordinators connect families to in-home and community based resources for children with autism. With the Maryland incident rate of autism being above the national norm and the fact that there are decade long waiting lists for services, it is especially crucial that families have an experienced navigator to locate resources whether you are receiving Autism Waiver services or are pursuing alternative supports while on a waiting list. Support Coordinators from The Arc are important partners for many families.

Giving Thanks

We are grateful for the support of so many volunteers and donors who help us achieve our mission. We couldn't do it without you!

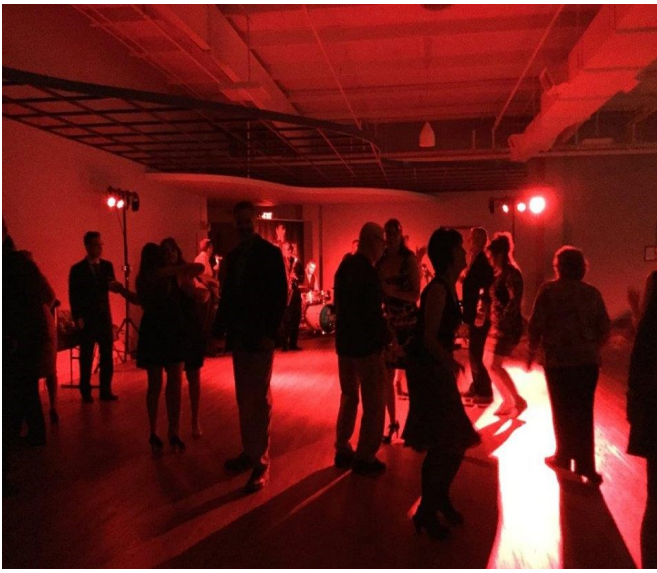
In Kind Donation Value Total	\$17,534.61
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Total Number of Volunteer Hours	2,012
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Total Numbers of Volunteer Opportunities	557
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*We celebrate when people we serve
achieve their goals!*



The event room at The Arc at Market Street was the venue for dozens of community events. Guests at this event rocked the night away.



Fun, games, and great food were in ample supply at The Arc at Market Street. Our spacious grounds were the perfect setting.

The Arc at Market Street continues to thrive!

The Arc at Market Street serves as a versatile space to bring community together. Our event room and catering services are perfect for award celebrations, community trainings, concerts, art exhibits, and other unique, customized events. This past year the room was transformed into a *Walk in the Park* to celebrate the talents of local artists, served as a space for a *Cabin Fever Concert*, allowed the community to celebrate local award recipients, and was host to many events to support people we serve with exploring new activities such as yoga, hula hoop dancing, theatre, and more.



People we serve enjoyed a Glow Party with fun games and great music.



The Arc at Market Street meets the needs of a variety of groups who need a large space for their event. We have received wonderful feedback!

We thank all of our members and donors for helping us continue our work to support people with intellectual and developmental disabilities and their families during FY 2018 (July 1, 2017—June 30, 2018).

\$5,000 and above

Ms. Elizabeth K. Hale
HB and Thelma Duvall Fund
Ms. Catherine J. Lapointe
William E. Cross Foundation, Inc.

\$2,000-\$4,999

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The G Frank Thomas Foundation, Inc.
Jeanne Bussard Center
The Joseph D. Baker Fund, Inc.
Ms. Joanna L. Pierson and Mr. Bruce H. Kenworthy
SH Rosenstock Charitable Trust

\$1,000-\$1,999

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Mr. and Mrs. Gail T. Guyton
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\$200-\$499

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\$50-\$199

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Whitesell Pharmacy
The Wiese Family
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Up to \$24

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 Ms. Desiree Merritt
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 Cindy and Herve Kopciak
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 Mr. Michael J. Shank
 Ms. Karen Skinner
 Ms. Becky Smock
 Ms. Shirley Stroup
 Mr. James D. Summers and Ms. Eleanor Williams

Memorial Donations

In FY 2018, donations were made in memory of:

Virginia Fifer
 Kevin John Gradoni
 Joseph Marcinko
 Barbara Ann Rice
 Elizabeth Spencer
 Norma "Peachie" Wachter

The Arc of Frederick County

Annual Report FY 2018 (July 1, 2017—June 30, 2018)

Charitable Income:

Contributions	\$ 123,360
Special Events	<u>7,834</u>

Total Charitable Income **\$ 131,194**

Government Revenue:

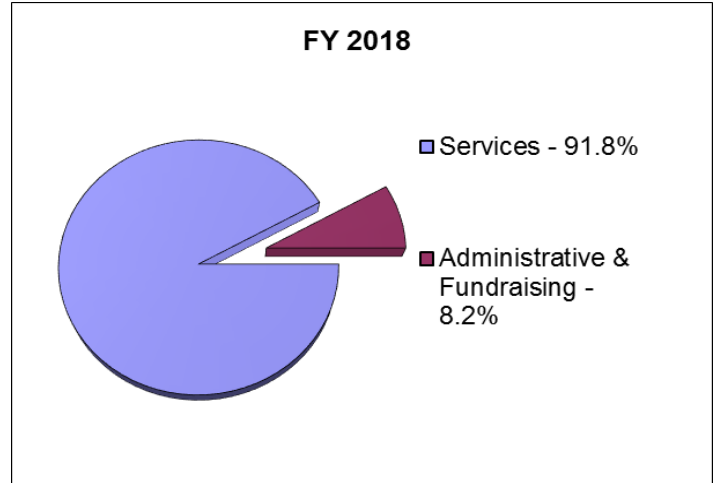
MD State	\$ 7,353,893
Frederick County Schools	\$ 160,125
Frederick County	<u>24,000</u>

Total Government Revenue **\$ 7,538,018**

Expenses:

Personnel	\$ 5,956,657
Purchase of Services	340,480
Occupancy	460,704
Other Operating Expenses	539,739
Equipment Acquisition	<u>58,655</u>

Total **\$ 7,356,235**



All information is summarized from The Arc of Frederick County's fiscal year 2018 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

The Arc of Frederick County

620-A Research Court
 Frederick, MD 21703
 301-663-0909
www.arcfc.org

Joanna Pierson—Executive Director
 Shauna Mulcahy—Director of Community Engagement

Mission Statement:

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.

FY 2018 Board of Directors

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