

JOIN FREDERICK SELF ADVOCACY
FOR OUR



FEBRUARY SELF ADVOCACY MEETING

FEBRUARY 12
4 PM - 6 PM

THE ARC AT MARKET ST
PLEASE USE THE EVENT ENTRANCE

**JOIN US AS WE PREP FOR ADVOCACY!
TOPICS WILL INCLUDE:
HOW TO FIND YOUR REPRESENTATIVE
HOW TO CONTACT THEM
PRACTICE HOW TO SHARE YOUR STORY
AND ASSIST OTHERS TO HAVE THEIR
VOICE HEARD!**

**SNACKS AND DRINKS
WILL BE PROVIDED**

**PLEASE RSVP TO MEGAN AT
MDEWING@ARCFC.ORG**

