

Supporting Families with Future Planning

For your loved one with disabilities



Future Planning Should Include:

Expressing Wishes— Developing a person-centered-plan that includes multiple perspectives, opinions, and information that shares the goals, values and beliefs of individuals and their families.

Deciding Where to Live— Finding and financing housing with appropriate supports and funds that includes the individuals and families wishes.

Financing the Future— Ensuring funds are available to support basic and supplemental needs for the individual with the disability – Social Security, Able Accounts and Special Needs Trusts.

Letter of Intent and 5 Wishes— Globally recognized documents that aid in providing helpful personal information for the future including medical directives.

Supported Decision Making— Informal and formal supports to assist an individual with making informed and educated choices.

Employment and Daily Life – Discussion and planning regarding the steps to achieve and maintain an individual’s goals now and in the future.

The Arc of Frederick County offers free information and connections to resources for individuals and their families. Our mission is to aid in the process of thinking, planning, and building the futures of individuals with disabilities.

Corby Fowler
Future Planning
cfowler@arcfc.org
301-663-0909 x117

The Arc of Frederick County
620-A Research Court
Frederick, MD 21703