

The Arc of Frederick County FY 2020 Annual Report (July 1, 2019 - June 30, 2020)



FY 2020—The Year in Review

The Arc of Frederick County provides individually designed support services and collaborates with the community to build inclusive programs for adults and children with developmental disabilities. Support Coordinators from The Arc partner with individuals and families to serve as allies to assist them with navigating through various systems so that they can access the supports and services that they need to live enviable lives in the their communities. Support Coordinators help individuals locate ongoing long term supports by working on an individual basis with each person we serve.

The Arc of Frederick County’s model of service delivery prioritizes partnerships with individuals and families served. The Arc has always believed that to support people to have meaningful lives and real jobs, people served need to have true community connections. These connections include people served taking responsibility over their lives and building reciprocating relationships where friends and family are what people rely on to ultimately makes their lives work. The Arc has always known that this model works on a day-to-day basis and, when put to the test, also works in times of uncertainty.

As the world continues to adapt and change, technology has become increasingly important in all areas of life such as recreation, employment, and education. Historically, people with disabilities were left out of taking advantage of technological advances. Last year, we quickly learned that this could no longer be the case as people’s connections and day-to-day safety needed to be met in the remote realm.

Rather than running away from this challenge, people served by The Arc of Frederick County, in partnership with their families and friends, embraced the virtual world. People learned that communication and connections could be maintained on their phones and computers through Zoom, Facetime, or Skype. Tours to Europe, Disney World Fireworks, and Karaoke Nights with friends were just a click away in the virtual world. Daily cooking classes, college courses, and customizing resumes could be meaningfully coordinated through computers.

The importance of embracing remote supports, using adaptive technology at home and in their communities, and participating in the virtual world will not be a onetime experience for people served by The Arc of Frederick. Rather, people with developmental disabilities will continue to have the support from The Arc to keep up with the evolving times, not be left behind, and demonstrate their resilience.



Remote Supports

The Arc of Frederick County never stopped supporting people to live and work in their communities. Frequent phone calls, texts, and emails quickly communicated important information to people we serve and their families. Zoom, Skype, and other similar technologies were used for meetings, direct interventions, and support at home. Once basic needs were met, The Arc expanded supports in creative ways.



People served by The Arc of Frederick County were quickly willing to embrace and learn new skills based on The Arc's past encouragement and teach people to use technology. Facebook and Instagram were among popular ways people we served already stayed connected to friends. Many people were used to staying organized by breaking down household and job tasks into simple sequential picture steps on their smart phones. These past lessons supported people to trust in technology and reduce people's fears as they joined the world in adapting.

The Arc incorporated the interests of people we serve, along with the talents of Support Coordinators and Coaches, and quickly created a robust selection of remote services for people to participate in on a daily basis during the day, evening, and on weekends. More than 40 sessions per week of formal remote supports complemented the one-to-one sessions between people served and their Coaches. Fitness, budgeting, health and wellness, and self-advocacy are just some examples of ways people served are continuing to build their skills and enjoy themselves from home.



Maintaining Employment



In addition to supporting people to be safe and connected, The Arc prioritizes supporting people to safely maintain their jobs. Many people served by The Arc are considered essential employees, particularly people who work in grocery stores. The Arc partnered with people, their families, and their employers to quickly assess people's willingness to work. Once a person decided to continue working, businesses provided appropriate Personal Protective Equipment and partnered with The Arc to teach each person to follow new safety policies. The Arc of Frederick County applauds the essential workers we serve who kept the community safely operating.



Constant Contact

The Arc of Frederick County prioritizes people being safe, remaining connected to each other and their communities, maintaining employment, and supporting people to learn skills to maneuver in a virtual world. A key to making this work is constant communication with people, families, and staff. As we move forward, The Arc of Frederick County will continue to adapt and support people to meaningfully connect to the real and remote worlds.

We thank all of our members and donors for helping us continue our work to support people with intellectual and developmental disabilities and their families during FY 2020 (July 1, 2019—June 30, 2020).

\$50,000 and above

Holly Hale Palmer Memorial Fund

Law Office of Scott A. Morrison, PA

St. Peter's Catholic Church

St. Francis/St. Mary & Holy Family Catholic Church

\$20,000-\$49,999

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James Summers and Eleanor Williams

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\$50-199

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Up to \$24

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Brittany Ellis
Ulla Henderson
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Kourtney Merriam
Primal Conflict Wrestling
Hasina Rahimi
Devi Rameseshan

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Jeff Essex
Eileen Mitchell
Frederick Glick
Karlys & Tom Klynch
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Aaron Stephens
Bruce Kenworthy
Patricia White
William E. Cross Foundation
Philip & Wendy Andrews
Helen Josephson
George & Judy Stashik
Delores Shackelford



Memorial Donations

In FY 20, donations were made in the memory of:

Rosemary Rosensteel

Josh Brooks

Wayne Lockett

Jay Fifer

Virginia Fifer

The Arc of Frederick County

Annual Report FY 2020 (July 1, 2019– June 30, 2020)

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Charitable Income:

Contributions	\$	153,512
Special Events		<u>6,370</u>

Total Charitable Income **\$** **159,882**

Government Revenue:

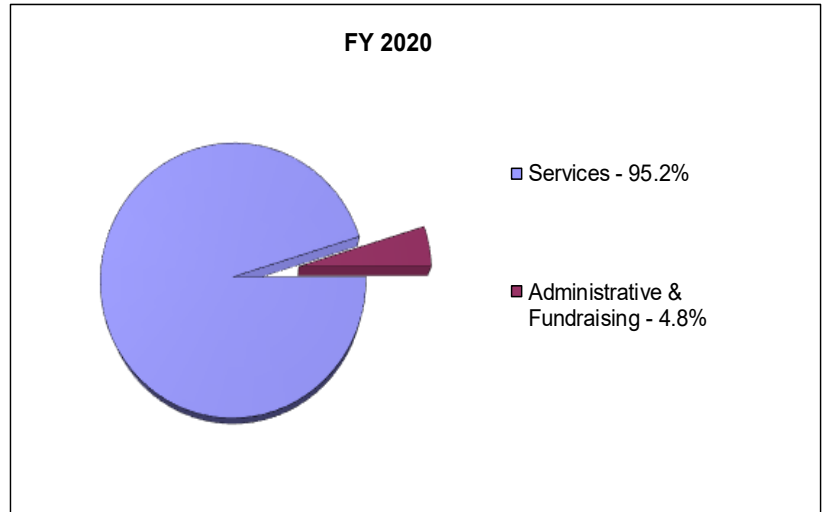
MD State	\$	6,736,096
Frederick County Schools	\$	158,450
Frederick County		<u>20,000</u>

Total Government Revenue **\$** **6,914,546**

Expenses:

Personnel	\$	5,621,601
Purchase of Services		117,974
Other Operating Expenses		935,691
Equipment Acquisition		<u>7,901</u>

Total **\$** **6,683,167**



This information is summarized from The Arc of Frederick County's fiscal year 2020 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

The Arc of Frederick County

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www.arcfc.org

Joanna Pierson—Executive Director
Shauna Mulcahy—Director of Community Engagement

FY 2019 Board of Directors

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Duncan Barks —Secretary
Michael Shank—Treasurer
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Directors:

Carol Debow
Grant Kelsey
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Mission Statement:

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.