

Oh, the Places We'll Go.....

As graduation season transitions into supporting people to reach their goals, The Arc of Frederick County is proud to highlight the accomplishments of people we serve.



This May, Adam reached a milestone when he graduated from Frederick Community College with a Certificate in Television Production. Adam began attending college courses when The Arc supported him with transitioning from Frederick County Public Schools. Adam's determination and commitment has led the way for other students to follow in his footsteps and enroll in and complete college classes. In addition to earning his degree, Adam also celebrated his 10 year anniversary with Giant Foods where he works as a cashier.



Also on the track to meeting his goals is Steven. Last fall, Steven enrolled The Arc's Culinary Training Program. Steven has received training in the foundations of working in a commercial kitchen including preparing and serving food, the value of teamwork, and how to provide excellent customer services to Charlotte's Coffee House guests. Steven is using the skills that he has built and is interviewing for jobs.



Leo is on the roll at Spinners Pinball Arcade. The Arc is collaborating with Spinners to create internship opportunities for people at the newly opened downtown hotspot. Leo's duties include customer service, cleaning, and machine maintenance. Leo is learning new skills in a fun environment that brings people together.

As we celebrate the accomplishments of people we support, The Arc looks forward to expanding and serving additional people and collaborating with community partners.



Guy Talk is taking off in the community and for those that we support. The group will be discussing the boundaries that we establish for ourselves and how to recognize other peoples' boundaries in the relationships we seek. The Guy Talk group will be meeting in various locations throughout the Frederick community for the Summer Series. This is a way for adult men to convene and communicate about the struggles they may be facing in their personal lives. Come join us for fun talks and develop some new friendships.

Our inaugural exercise, socialize and have fun while Hooping Class was a success. All participants enjoyed the four sessions together. Look forward to a fall session where all are welcome!



Join Us at Charlotte's Coffee House for coffee, tea, baked goods, and lunch!

Charlotte's Coffee House is open

Wednesday through Friday from 11:00 am– 3:00pm.

Located at 555 South Market Street in Frederick

(enter from Stadium Drive, right next to the Keys).

There are several comfortable rooms to dine-in, and if the weather is this nice, feel free to enjoy your food and drinks on our patio tables.

Hope to see you there!





The Arc at Market Street is home to a large banquet hall which is great for business luncheons, dinners, bridal or baby showers, retirement events and more!

We can hold up to 300 guests and we do require catering from The Arc of Frederick County's Culinary Program. The Arc can provide round tables with chairs, linens, and A/V equipment for your upcoming event.

For pricing and booking inquiries, please contact Shauna Mulcahy at The Arc at 301-663-0909 ext. 140 or smulcahy@arcfc.org

Thanks To Our Contributors

CONTRIBUTIONS

Tina and Duncan Barks
 Ms. Victoria L. Chaney
 Ms. Jean Ehlman
 Frederick Woman's Civic Club
 Ms. Janet Furman
 Ms. Donna Heller
 Mr. Gary Hull
 Ms. Barbara A. Kane
 Linganore United Methodist Church
 Ms. Paulette A. Meulenberg
 Ms. Sandy Mulcahy
 Ms. Lois B. Noffsinger-Spurrier
 Mr. William J. Papproth
 Ms. Joanna L. Pierson and Mr. Bruce H. Kenworthy
 Ms. Kathy Reig
 Ms. Becky Smock
 Ms. Martha A. Sprow
 Mr. Jeffrey Winkles
 Ms. Kris Wong

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 Tina and Duncan Barks
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 Ms. Amy Schlitzer
 Ms. Harriet L. Shank
 Mr. Edward A. Sherow
 Ms. Becky Smock
 Specialized Engineering
 Mr. and Mrs. Bradley Ray Stokes
 Ms. Valerie Todd
 Mr. and Mrs. Charles Welch
 Rev. and Mrs. Bennett B. Wethered
 Mrs. Bonel P. Zakarian
 Ms. Marilyn C. Zekaria

Contributions as of June 28, 2018





620A Research Court
Frederick, MD 21703

www.arfc.org

301.663.0909

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See our website for a listing
of upcoming events



thearcoffrederickcounty.blogspot.com



Achieve with us.