

Autism Therapeutic Services



A variety of therapeutic services for individuals with a diagnosis of Autism and related disorders are offered throughout Frederick County and the surrounding area.

Behavioral Health Partners/ Shephard Pratt – Provides behavioral health care, therapies, and assessments. <https://www.sheppardpratt.org/care-services> - 301-663-8263

Blue Ridge Behavioral Health Services – Provides behavioral health care and assessments, psychiatrists, psychologists, and counselors. <https://blueridgebehavioralhealth.com> - 301-695-8390

Center for Autism and Related Disorders (CARD) at Kennedy Krieger Institute – Offers a variety of therapeutic services, health care and assessments. <https://www.kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders> 888-554-2080 or 443-923-9200

Achieving True Self – Provides behavioral health treatment, assessments, and Applied Behavior Analysis (ABA) therapy. <https://www.achievingtrueself.com> - 866-287-2036

Way to Grow -Offers speech therapy, occupational therapy, and social skills groups. <http://www.way2grow.com> 301-846-4769

Lapsa Speech Language Center - Provides speech and language services <https://www.lapsaspeechlanguage.com> - 888-285-2772

Frederick SLP (speech language pathologist) - Provides speech and language services. <http://frederick-slp.com> - 301-668-1852

Kelly Beins / OT sensory consultant – Offers occupational therapy for sensory related issues. <https://www.kellybeins.com> com - 240-409-3214

Pediatric Movement Center – Offers physical, occupational, and speech therapy services to pediatric clients from newborn to 18 years of age. <https://pmchag.com> - 240-457-9558

Music Therapy options: Each company provides Music therapy services.

Noteable Progressions – <http://www.noteableprogressions.com> 240-394-9399 ext. 101

Sonata - <http://www.sonatainc.net> - 301-393-8890

Therapeutic horseback riding options: All provide riding opportunities, contact for availability.

Great and Small - <http://greatandsmallride.org> – 301-349-0075

Frederick County 4H- Silverado Stables - <http://www.fc4htrp.org> - 301-898-3587

Reins Therapeutic Services – <http://www.reinstherapy.com/home.html> - 301-476-0174

Madison Fields - <https://madisonfields.org/programs/eaat-program> or <https://madisonfields.org> - 301-349-4007

The Arc of Frederick County

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