

Questions to ask Professionals

ADDITIONAL RESOURCES

For additional questions:
[www.aamr.org/Groups/
Guides.shtml](http://www.aamr.org/Groups/Guides.shtml)

For more information on topics
discussed in this fact sheet,
contact
The Arc of Frederick County.
Phone: 301-663-0909
www.arcfc.org



QUESTIONS TO ASK DOCTORS, COUNSELORS, AND OTHER PROFESSIONALS

When selecting a professional (such as a doctor, counselor, speech therapist, or lawyer) with whom you will have an important relationship, you should be comfortable with the services you will be receiving. There are some questions that you might want to think about asking as you establish the relationship.

1. What specifically do you do?
2. How is billing handled? What will I have to pay and when? Is there any allowance for special circumstances? Is there any type of payment schedule? Is this service covered by Medicaid/Medicare/other insurance the person has?
3. How do you work with me/my family member to determine what services s/he needs?
4. What is your experience with individuals with my (or my son's/daughter's) diagnosis?
5. How will you make him/her feel comfortable?
6. Is there any way I can help in communication? Is there information I need to give? Questions I should be sure to ask?
7. What should we do if I have questions that need answers? When is a good time to ask these?
8. How should I let you know if I have problems with what you are doing?
9. How are you credentialed? What is your training/your degrees?
10. Is there anything else I should know that I am not asking about?

These Fact Sheets are designed to provide general information only and are not designed to substitute for the assistance of a Service Coordinator or Support Coordinator.