

Transition from School– High School

ADDITIONAL RESOURCES

Confirm that your child has been found eligible for services from the Developmental Disabilities Administration (DDA). Call DDA at 888-791-0193 to apply.

For more information on topics discussed in this fact sheet, contact:

The Arc of Frederick County
Phone: 301-663-0909

For more information about Section 8 benefits, contact:
Housing and Community Development, Frederick County
301-600-1061

Housing Authority of City of Frederick
301-662-8173



620-A Research Court
Frederick, MD 21703

Timeline for Transitioning Youth Services High School

- Encourage your child to access school services and supports for as long as they are eligible (up to age 21).
- By the time your child is 18, visit vocational agencies to confirm the choice you and your child have made.
- Encourage your child to find work or volunteer experiences to help them explore their interests and abilities.
- Attend all IEP meetings, as transition plans will be discussed.
- Prior to age 18, consult with an attorney about developing a plan for your child's future including a special needs trust, living arrangements, and other assets that could effect their eligibility for benefits.
- When calling for an appointment at Social Security, be sure to ask for a list of documents and financial information you will need to bring.
- At age 19, or after Social Security Benefits have began, consider applying for Section 8 housing. There can be a very long waiting period for Section 8 benefits (up to two years or more)

These Fact Sheets are designed to provide general information only and are not designed to substitute for the assistance of a Support Coordinator.

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Email: info@arcfc.org

www.arcfc.org



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- If your child is receiving mental health services such as counseling, medications, psychiatric visits, etc., please discuss with the mental health provider what needs to be done to continue services after age 18.
- Call the Community Agency School Services (CAAS) to discuss community benefits your child may be eligible for such as food stamps, medical assistance, temporary cash assistance, etc. Contact your child's home middle school for more information.
- Workforce Services offers job search resources for transitioning youth. More information can be found at www.frederickworks.com
- If your child is participating in a work-study program, discuss post graduation transportation needs to make sure this job can continue after graduation.
- Help your child create a list of people he/she can go to for help such as neighbors if they forget their keys, job coach for problems at work, contact names at any community agency, etc.
- Make some connections with friends for recreation and social events that can continue after school.