



620A Research Court
Frederick, MD 21703
www.arfc.org
301.663.0909
May/June 2017

Board of Directors

Wendy Andrews
President

Lisa Anstine
Vice President

Emily Bizzarri
Treasurer

Kathy Laky
Secretary

Cindy Kopciak
Past President

Carol Debow
Liliana Galvan
Grant Kelsey
Adriana Toro
Barbara Wyatt

See our website for a listing
of upcoming events



thearcoffrederickcounty.blogspot.com



Achieve with us.

NONPROFIT ORG.
U.S. Postage
PAID
Frederick, MD
Permit No. 155



www.arfc.org

The Link

May/June 2017

Futures and Estate Spring Update

March and April have been full of activity for our Futures & Estate Planning project at The Arc. We began on March 1st with a general informational presentation for parents at Rock Creek School. Next we were very happy to offer our meeting space at The Arc at Market Street as a venue for a Maryland ABLÉ Program Listening Session presentation by the implementation team of the Maryland ABLÉ program.

Our next scheduled presentation, "The Letter of Intent", was cancelled due to the one and only snow storm in March! We did reschedule the presentation for April 4th, and began offering two time periods, a morning and an evening time, enabling more parents and caregivers to fit our presentations into their schedules. Additionally, we offered a presentation about Financial Planning to The Arc's Hispanic Outreach Group.

To close out March, we hosted a major seminar about Supported Decision-Making and Alternatives to Guardianship. We held this seminar at The Arc at Market Street, where we had attorneys and self-advocates offer presentations, parents of children with disabilities on a question and answer panel as well as a fantastic dinner buffet prepared by the catering program at The Arc. We hope this is the first of many presentations to promote Supported

Decision-Making as a workable alternative to guardianship petitions in Maryland. Following the rescheduled presentation on April 4th, we again offered two time slots for our "Financial Planning" presentation April 11th.

We will end our spring presentation series with our "Healthcare Decisions" discussion on Tuesday, May 9th. This session will be held in the conference room at The Arc at Market Street, from 11:00am-12:00pm, and then repeated at 6:30pm-7:30pm. Please come and join us for this informative session.

After a summer break, we intend to start our presentations again in the fall with a series of sessions about Financial Planning and Money Management.

Spring Cleaning Wishlist

There is a constant need for everyday life necessities. As you take care of your spring cleaning, please keep us in mind. Contact Shauna Mulcahy at our office at 301-663-0909 x140 or SMulcahy@arcfc.org if you can donate any of these items (new or in excellent condition). Thank you!

Our current wish list includes:

- Dresser, night stand, and coffee table for a family we serve in Hagerstown (delivery is requested for these items)
- Gift cards for area grocery stores (especially Weis, Wegmans, or Giant, or any other local grocery stores), gas stations, and discount stores such as Walmart
- Gift cards for local shoe stores
- Tracfone cards
- Baby monitor
- Electric fans
- Iron
- Toaster
- Frying pan
- Microwave oven
- Bright lamp for sewing
- CD player stereo
- Electric lawn mower
- Paper towels
- Tissues
- Napkins
- Toilet paper
- Household cleaning supplies
- Vacuum cleaner (including bags if not a bagless model)
- Mop (new only)
- Shower curtain
- Laundry detergent
- Dishwashing soap
- Baby wipes
- Nail clippers (new only)
- Tweezers (new only)
- Water pick (for teeth, new only)
- Blood pressure monitor
- Men's shoes, size 11-13, brand new or rarely used
- Long sleeve shirts - Men's size Medium
- Men's clothing - shirt size medium, pants size 30"
- Men's socks - size 9-11
- Personal hygiene items (soap, toothpaste, toothbrushes, shampoo, deodorant, etc.)
- Resume paper
- Puzzles
- Drawing paper (white)
- Tickets to the Frederick Keys or Baltimore Orioles
- Tickets to WWE events
- Laptop
- DVD player
- TV (a newer model that is cable-compatible)

Contact Shauna Mulcahy at our office at 301-663-0909 x140 or SMulcahy@arcfc.org if you can donate any of these items (new or in excellent condition). Thank you!



The Arc of Frederick County is pleased to offer our bakery-fresh products for Mother's Day. All products are made in The Arc of Frederick County's Bakery Training Program.

Orders can be placed on www.marciabakery.com or by calling 301-663-0909 ext.134. To ensure availability, pre-order by 5:00 pm, Tuesday, May 9th. Baked goods can be picked up at 555 South Market Street on Friday, May 12th, between 10:00 am and 7:00 pm.

Thank you for your support!

Development

Shauna Mulcahy, Development Director · 301.663.0909 · ext. 140 · Smulcahy@arcfc.org

Trivia 2017 Recap

The Arc of Frederick County had a wonderful 32nd Annual Trivia Playoff on Friday, March 24th! It was held at our newly renovated facility, The Arc at Market Street. Over 115 people attended and more than \$8,000 was raised for people with developmental disabilities in the Frederick community. We are so appreciative to the Frederick community for their continued support of this fantastic event! A special congratulations goes out to:

- 1st Place – Frederick County Bank**
- 2nd Place – Elvis Stamp**
- 3rd Place – M&RR**

Membership Meeting Announcement

The Arc of Frederick County will hold a Membership Meeting on Monday, June 19 at 12:00 PM. It will be held at our office at 620A Research Court, Frederick. At this meeting, all of our current members will have the opportunity to vote on the proposed Board of Directors for Fiscal Year 2018. Please RSVP by calling Kendra Sampson at 301-663-0909 x116 by June 15.

Thanks To Our Contributors

CAR DONATIONS

Ms. Annie Marie Sharman

HONORARY CONTRIBUTIONS - (Virginia Titus)

Mount Airy Mattress

HONORARY CONTRIBUTIONS - (Kelly Welsh)

Robert Rooy

MEMORIAL CONTRIBUTIONS - (Mervin "Joe" Griffith)

David Smith

CONTRIBUTIONS

Ms. Jennifer Jane Alford
 Ms. Regina Barrett
 Ms. Victoria L. Chaney
 Ms. Candy Cole
 Mr. Edgar F. Czarra
 Dancing Bear Toys, Inc.
 Ms. Kimberly English
 Ms. Janet Furman
 Mr. Jonathan C. George
 Mr. William C. Hill
 Mr. Harlan J. Howard
 Ms. Lisa Martinis

Ms. Paulette A. Meulenberg

Mr. David Miller
 Ms. Mindy Morrell
 Ms. Ayla Marie Mulvey
 Mr. William J. Papproth
 Mr. Kevin Quinlan
 Ms. Kathy Reig
 Ms. Kristy Remsburg
 Mr. Michael H. Rifkin
 Ms. Martha A. Sprow
 Mr. Joel B. Tootill, Jr.
 Mr. Timothy J. Tosten
 Ms. Patricia J. White
 Mr. Todd Wilson

MEMBERSHIP-NEW

Ms. Kari Borgealt
 Mr. Brandon Crawford
 Elville Associates
 Mr. Scott Guarino
 Curt and Jackie Johnson
 Ms. Rosie Marr
 Ms. Leigh McHargue
 Mr. David Moreno
 Mr. Matt Morgan
 Mr. Josh Neumann
 Ms. Barbara Parsons
 Ms. Maura Patterson

Mr. Richard Patterson

Ms. Hasina Rahimi

MEMBERSHIP-RENEW

Dr. and Mrs. Edward S. Andochick
 Mr. David Beeson
 Dr. and Mrs. Robert E. Broadrup
 Mr. and Mrs. William R. Cameron
 Ms. C. Jean Doyle
 Mr. and Mrs. Paul E. Eaves
 Mr. and Mrs. Martin N. Erlichman
 Ms. Lynn Fisher
 Ms. Julie A. Fleitz
 Mr. Ronald L. Hartman
 Ms. Louise Hennemann
 Mr. and Mrs. Samuel N. Jones
 Cindy and Herve Kopciak
 Ms. Sarah M. Marcinko
 Ms. Lisa Martinis
 Ms. Ronnie Lynn Osterman
 Ms. Peggy Richman
 Mrs. Kathryn Rogers
 Mr. John V. Sherwin
 Mr. and Mrs. Lawrence J. Sullivan
 Ms. Sara Thomas
 Ms. Valerie Todd
 Rev. and Mrs. Frederick A. Wenner