

The Arc of Frederick County FY 2021 Annual Report

(July 1, 2020—June 30, 2021)




The Arc[®]
of Frederick County

FY 2021—The Year in Review

Support Coordination

Support Coordinators from The Arc provide professional assistance to help children and adults with developmental disabilities by partnering with families and building networks of supports so they can safely and successfully live, work, go to school, and be meaningfully included in their communities. Arc Support Coordinators are trained and equipped to offer person-directed planning to assist people and families with identifying and achieving goals and navigating through community resources. The Arc is the only resource in Frederick County that serves individuals with developmental disabilities throughout their entire lifespan.



Information and Referral

Navigating through community resources can be overwhelming for individual and families as they advocate for inclusive education, access public resources, locate employment, transition from school and attend college, and build meaningful social connections. The Arc's Information and Referral Services connects anyone who contacts The Arc with immediate support, problem solving, and resources. Taking a proactive approach, Support Coordinators offer community presentations on



Values Statement

The only reason the organization exists is to help create better lives for people with disabilities and their families. This is to be accomplished at both the individual and systems level.

We value staff. However, how we respond to staff is based on first meeting the needs of people we serve.

We strive for efficiency in the operation of the organization. We believe the agency should be an ethical, excellently managed, and fiscally sound organization..



Future and Estate Planning, School Inclusion, ABLE Accounts, Transitioning Youth Services, as well as training for The Frederick City Police Department to increase safety and inspire relationships of acceptance and support for all Maryland citizens.

individualized training and needed respite care. In addition to providing this support, The Arc of Frederick County partners with families and elected state champions to advocate for an increase in the number of children who can be served through The Autism Waiver.

Braiding Critical Supports

The Arc partners with individuals and families, their friends and natural supports, and community resources to be fully included in their communities. Personal Supports provides in-home and community skill so people can live in their own homes with the assistance they need. Community Development Services and Day Habilitation helps people learn about their communities as they explore careers, exercise and maintain healthy lifestyles, make and hang out with friends, and volunteer to build reciprocating relationships. Supported Employment assist people with job coaching and accommodations so that people can be independent at work and earn wages to financially sustain their lives. With a focus on safety and individualized needs, support can be provided in person or virtually. Blending these services with a Support Coordinator serving as a navigator promotes independence and empowers people to reach their goals and dreams.



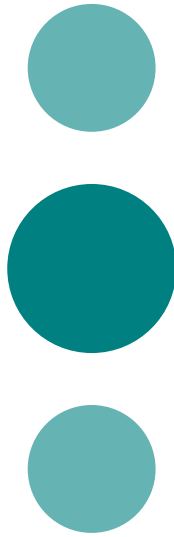
Easing Individual Fears

The Arc of Frederick County partnered with The Frederick County Health Department to provide virtual presentations on the COVID-19 Vaccination and the unique needs and concerns of people with developmental disabilities and their families. These presentations helped people feel confident and informed as they made personal health care decisions. Support Coordinators followed up with individuals as they navigated locating vaccinations. The Arc and our local partners' efforts led to discussions directly with The Maryland Secretary of Disabilities on how communities can best collaborate to support people with disabilities as they maneuver through, and out of, the pandemic

Autism Waiver

Service Coordination is provided by The Arc for Frederick County children who are enrolled in Maryland's Autism Waiver. This crucial service assists families with remaining intact as children with autism access in-home and community support and therapeutic services while families receive



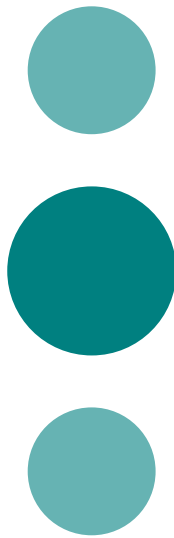


Think Work!

In the Fall of 2020, the Developmental Disabilities Administration selected The Arc of Frederick County through a competitive state-wide application process to participate in The Maryland Think Work Technical Assistance Project. The project connected The Arc with representatives from The Institute for Community Inclusion at the University of Massachusetts, Boston to provide ongoing technical support related to enhancing career exploration, job customization, and employment supports. Think Work will complement The Arc's existing career training and employment supports as The Arc continues to assist people with accessing meaningful employment where people earn competitive wages and are offered benefits as part of the Frederick workforce.

Culinary Experience

Recognizing that many Transitioning Youth Students had limited in-person job development opportunities because of the pandemic, The Arc and Frederick County Public Schools partnered to safely extend our Culinary Training Program to school students. Through week-long experiences, students got a taste of what it would be like to work as part of a team in the baking, dining, and event hosting field. This exciting collaboration will be expanded to additional Frederick County Public School students. Individuals who discover that they desire a career in food service can participate in The Arc's Culinary Training program as part of their transition from school to the workforce.



We thank all of our members and donors for helping us continue our work to support people with intellectual and developmental disabilities and their families during FY 2021.

\$20,000 and above

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Memorial Donations

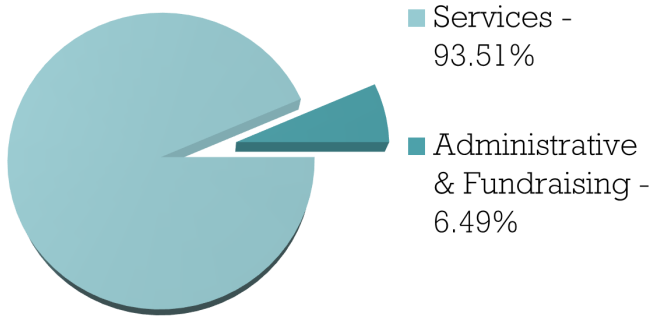
*In FY 2021, donations were made in
memory of*

Marcia Pierson
Marie Reeves
Jackie Shields
Glenn Kirby Wiggs

The Arc of Frederick County

Annual Report FY 2021 (July 1, 2020—June 30, 2021)

FY 2021



This information is summarized from The Arc of Frederick County's fiscal year 2021 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

Charitable Income:

Contributions	\$ 161,814
Special Events	<u>5,318</u>

Total Charitable Income **\$ 167,132**

Government Revenue:

MD State	\$ 7,801,847
Frederick County Schools	\$ 175,000
Frederick County	<u>-</u>

Total Government Revenue **\$ 7,976,847**

Expenses:

Personnel	\$ 5,563,032
Purchase of Services	99,152
Other Operating Expenses	929,869
Equipment Acquisition	<u>21,463</u>

Total **\$ 6,613,516**

The Arc of Frederick County

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Frederick, MD 21703
301-663-0909
www.arcfc.org

Joanna Pierson—Executive Director
Shauna Mulcahy—Director of Community Engagement



Mission Statement

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.

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