

Transition from School

ADDITIONAL RESOURCES

Confirm that your child has been found eligible for services from The Developmental Disabilities Administration (DDA). Call Service Coordination at 301-663-0909 or DDA at 888-791-0193 to apply.

Apply for Social Security Benefits at age 18, 301-682-6765 or 1-800-772-1213
10 North Jefferson St., Suite 204,
Frederick, MD 21701.

For more information on topics discussed in this fact sheet, contact

The Arc of Frederick County.
Phone: 301-663-0909
www.arcfc.org



Timeline for Transitioning Youth Services High School

- Encourage your child to access school services and supports for as long as they are eligible (up to age 21).
- By the time your child is 18, visit vocational agencies, to confirm the choice you and your child have made.
- Encourage your child to find work or volunteer experiences to help them explore their interests and abilities.
- Attend all IEP meetings, as transition plans will be discussed.
- Prior to age 18, consult with an attorney about developing a plan for your child's future including a special needs trust, living arrangements, and other assets that could effect their eligibility for benefits.
- When calling for an appointment at Social Security, be sure to ask for a list of documents and financial information you will need to bring.
- At age 19 or after Social Security Benefits have begun, consider applying for Section 8 housing. There can be a very long waiting period for Section 8 benefits (up to two

years or more). Frederick County Section 8, 301-694-1061 and Frederick City Section 8, 301-662-8173.

- If your child is receiving Mental Health services, such as counseling, medications, psychiatric visits etc., please discuss with the Mental Health Provider what needs to be done to continue services after age 18.
- Call CASS to discuss community benefits your child may be eligible for, for example, food stamps, medical assistance, temporary cash assistance, etc. CASS, 301-694-1349.
- If your child does not qualify for Transitioning Youth services from The Developmental Disabilities Administration, call One-Stop Employment, 301-694-2188 for vocational assistance.
- If your child is participating in a work-study program, discuss post graduation transportation needs to make sure this job can continue after graduation.
- Help your child create a list of people he/she can go to for help, such as: neighbor if they forget their keys, job coach for problems at work, contact names at any community agency etc.
- Make some connections with friends for recreation and social events that can continue after school.